

Your student benefits from your advocacy!

All students benefit from the support and advocacy of their family and care givers. Students who identify as or have family members who identify as lesbian, gay, bisexual, transgender, queer, intersex, asexual and/or any of the many identities that describe those who are not straight, or cisgender (LGBTQIA+) are no different.

Supports in school

Research has shown LGBTQIA+ students have better health and educational outcomes when they experience these four things in schools.

1. Inclusive curriculum
2. LGBTQIA+ student clubs
3. Inclusive policies
4. Supportive educators

Transgender and non-binary students

Transgender and non-binary students may have their names and pronouns respected by all staff and students, participate in sports based on their consistent gender identity and use facilities that match their gender identity. If your student is transgender or non-binary, their school records can be updated to reflect their name, gender and pronoun.

Gender support and transitions

Most students and families need a little extra help in big transitions. Your child can get assistance from school staff to plan and support their social gender transition. It may be very private or very public – everyone has different needs.

Before or after gender transition, your student may benefit from extra support around gender at school. Talk to your child's principal or counselor so they may assist.



Gender Inclusion Policy:
spps.org/genderinclusion

Advocating for Your LGBTQIA+ Student or Family



Out for Equity
1930 Como Ave, St. Paul, MN
spps.org/outforequity • outforequity@spps.org

Ask for support!

Talking to educators and principals

Teaching *all* students is the job of all educators. Yet very few educators and principals learned about gender and sexual diversity in their training. Talk to your student's educators and principal about the supports your LGBTQIA+ student will need so they may thrive!

Five great reasons

These are five great reasons to give to teachers and principals to explain why your student should have the opportunities you want for them, and research says will help them thrive:

1	Diversity and equity
2	Student safety
3	Physical and emotional health
4	College and career readiness
5	Compliance with policies and laws

Your student deserves inclusive and affirming curriculum!

LGBTQIA+ inclusion in classrooms

No matter what grade they are in, students learn better when they experience affirming and supportive representations of people like them. In Saint Paul Public Schools, inclusive curriculum opportunities begin in early childhood education and continue through adult education.

All subjects can be inclusive

LGBTQIA+ inclusion can happen in any subject. While language arts and history classes have had more inclusion in the past, there are opportunities for inclusion in science, math and physical education too.

Inclusion in health is especially important. In fact, research suggests straight students may also learn more in classrooms that are inclusive of gender and sexual diversity.

LGBTQIA+ student clubs

Secondary schools in Saint Paul Public Schools have Gender and Sexuality Alliances (GSAs). GSAs provide opportunities for learning, advocacy and social connection. Some elementary schools have LGBTQIA+ meetings or social groups. Ask staff at your school for details!

Out for Equity activities

- Gender and Sexual Diversity Parent Advisory Council (GSDPAC)
- Q-Quest Queer Youth Prom
- Youth Summit
- Middle School Rainbow Dance
- Youth Pride
- Senior Pride and Recognitions
- Staff Rainbow Connection
- And more!

